



Green Cleaning

Did you know that more than 150 chemicals found in the average home are linked to allergies, birth defects, cancer, and psychological abnormalities? Elizabeth Bates, president of Pure Cleaning Services, an environmentally friendly house cleaning service, explained that many of the cleaning products we keep in cabinets and under our sinks are far more toxic than we realize. But there are several environmentally safe alternatives like EPIC (Environmental Products for Important Causes), Method, and Seventh Generation that do the same job without all the harmful side effects. And if you want to get down to basics, vinegar and baking soda will work too.

Pure Cleaning also offers a toxic dumping service that gives homeowners the opportunity to get rid of all their toxic cleaning products without harming our delicate eco system. Pouring chemicals down the sink, into the toilet or into a storm drain can not only cause extensive environmental damage, but can also kill indigenous plants and animals. **619- 885-4553 • purecleaningservices.com**

In the Kitchen

The **lotus® Sanitizing System™** produces super-oxygenated water ideal for sanitizing and deodorizing cutting boards, kitchen counters, stovetops, utensils, sinks, toilets, garbage cans or diaper pails. It is an excellent way to get rid of tough stains such as coffee, blood and pet accidents, and is safe enough for pets and even babies. Active for about an hour, the “super” water eventually turns back into ordinary water and pure oxygen. The “green” countertop appliance can replace a cabinet-full of chemical-based spray cleaners, effectively eliminating bacteria such as E.coli and Listeria as well as germs, odors, stains, mold, mildew and pesticides throughout the home.

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